

DOMESTIC ABUSE ISN'T LOVE.

There's no excuse.

Domestic abuse is threats, violence, and coercive or controlling behaviour between people who have a relationship with each other (or have had in the past).



It can happen between partners, within families or shared homes. Both men and women can be affected. It happens within heterosexual, gay, lesbian, bisexual and transgender relationships. It happens between people of all cultures, religion or social groups. It's based on one person having power or control over another.

Pet fostering services for families fleeing domestic abuse and going in to refuge

Providing a retreat for pets of those going into a refuge until the owner has a safe place to live and they can be reunited.

Cats Protection (Paws Protect)

www.cats.org.uk
0345 260 1280

Dogs Trust (Freedom Project)

www.dogstrust.org.uk
0207 837 0006



How to get help

LOCAL SERVICES

Worth Services

0330 2228181

worth.idva.services@westsussex.gov.uk

Safe in Sussex

0330 333 7416

www.safeinsussex.org

My Sisters' House CIC

01243 697800

www.mysistershouse.info

office@mysistershouse.info

Veritas Justice (Stalking Support)

01273 234773

www.veritas-justice.co.uk

NATIONAL SERVICES

National Domestic Abuse 24 hour helpline

0808 2000 247

Women's Aid

0808 2000 247 (24 hour advice line)

www.womensaid.org.uk

Mens Advice Line

www.mensadvice.org.uk

Help and Support for male victims of DV across the UK

Mankind Initiative

01823 334244

www.new.mankind.org.uk

Confidential helpline for men across the UK suffering from DV

Citizens Advice Bureau (CAB)

08444 99 41 88

www.citizensadvice.org.uk

Domestic abuse takes many forms including (but not limited to) physical, sexual, emotional and financial abuse. It also includes digital abuse (using smartphones and social networking to harass and intimidate).