

## WHATS ON AT PAGHAM VILLAGE HALL

	Main Hall	Small Hall
M O N	10.30–11.30am Gently Fit Pilates (Joanna Bryson) 12 – 12.45pm Pilates (Vicky Porter) 1.30 – 4.30pm Chestnuts Club (2 <sup>nd</sup> ,4 <sup>th</sup> mthly) 1.30 – 4.30pm Pagham Harbour WI (1 <sup>st</sup> , mthly) 1pm– 5pm West Bognor Flower Club (3 <sup>rd</sup> mthly) 6.30-7.30pm Gently Fit Pilates (Joanna Bryson)	9.45– 12.15pm Bognor Regis U3A (1st mthly) 10am – 3pm Tamarisk Textiles (Last Mon mthly) 2pm – 4pm Pagham Gardening Friends (3 <sup>rd</sup> mthly) 6pm – 7pm Yoga (Sue Dorrell) 7,15 – 8.15pm Aldwick Revival WI Exercise Class
T U E S	9.15 – 10.15am Pilates (Amy Butcher)  2pm– 6pm Nyetimber Short Mat Bowls 6pm–8pm Line Dancing (Shirley Spurling) 8–10pm Badminton (Stuart Ridgeway)	10 – 12.30pm Tuesday Quilter's (Ann Briault) 6pm – 7pm Keep Fit (Julie Goodman) 7.15–9.15pm Pagham Photographers (1 <sup>st</sup> , 3 <sup>rd</sup> mthly) 7pm – 10pm Pagham Parish Council (4 <sup>th</sup> mthly)  2pm – 4pm Pagham Harbour WI (2 <sup>nd</sup> Comm Rm)
W E D	9.15– 10.15am WellFit4Life - Zumba 10.30 –11.30am Gently Fit Pilates (Joanna Bryson)  2pm – 4pm Tea Dance 6.30 – 9pm Pagham Karate Club (Ian Gregory)	9.45 – 11.15am Bay Yoga (Sophie Flint)  6.30 – 7.30pm Pagham Karate Club (Ian Gregory) 7.45 – 8.30pm Yoga with Rhian 2pm – 4pm Pagham Residents Assoc (2 <sup>nd</sup> Comm Rm)
T H U R S	10 – 12noon Residents Assoc Coffee (2 <sup>nd</sup> ,4 <sup>th</sup> Thurs)  1pm – 2pm Keep Fit (Julie Goodman) 3.30 – 4.30pm Private Booking (Kevin Neal) 5.45-7.45pm Yoga (Dominique Thacker) 8.00 – 9.30pm Pagham Karate Club (Ian Gregory)	9am – 12.45pm Yoga (Sue Dorrell) 1.30pm - 4pm MFRA - Bingo
F R I	9.15 – 10.15am WellFit4Life - Zumba  2pm – 6pm Nyetimber Short Mat Bowls 6.15–9.15pm Pagham Players (Denise Fawke)	10.45– 12.15pm Bay Yoga (Sophie Flint) 1pm – 4pm Art Class (Kim Maher)
SAT		
SUN		

*as at 30<sup>th</sup> January 2023*

**Booking Secretary: Terry Reed – 01243 264028 / 07801 798302**

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